

“Reading Series 2 - Video Games” @ <http://www.youtube.com/ESL4free>

The ability to detect changes in shades of grey..

- A. is unconnected to the skill of reading.
- B. can be improved by practice.
- C. is slowed by playing video games.
- D. is irrelevant according to age.

**Reading Text - Video Games:**

Some research has suggested that fast-paced video games can enhance vision. Contrary to what many believe, action games provide excellent training for what eye doctors call contrast sensitivity. This is the ability to notice tiny changes in shades of grey against a uniform background which is critical to daily activities such as night driving or reading. While it often degrades with age, this previously unsuspected adaptability in the brain could open the way to new therapies. This is not a skill that people were supposed to get better at by training but was something that was corrected for at the level of the optics of the eye by using glasses or undergoing laser surgery.

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**SOME WORDS AND EXPRESSIONS IN THE TEXT**

**Degrade:** make the quality of something worse.  
**Enhance:** improve the quality of something.

**Uniform:** staying the same all the time (e.g.: uniform temperature).  
**Unsuspected:** not known or thought to exist (e.g.: an unsuspected complication).