

“Anxiety Disorders” @ <http://www.youtube.com/ESL4free>

Write not more than two words to complete the notes.

- ◆ GAD sufferers worry unrelentingly and unnecessarily about a **1** _____ or danger.
- ◆ Those with Panic Disorder symptoms sometimes feel that they are experiencing a **2** _____.
- ◆ Social Anxiety Disorder sufferers experience fears related to the ability to communicate, along with a sense of **3** _____.
- ◆ OCD sufferers perform ritualised behaviour due to repeated thoughts about **4** _____ and contamination.
- ◆ People with PTSD have experienced a traumatic event which is vividly and continually **5** _____.
- ◆ Sufferers from any form of anxiety disorder have one thing in common, they experience anxieties that are **6** _____.

Check out our IELTS eBooks

<http://myenglishexam.com/books.html>

DIFFICULT WORDS AND EXPRESSIONS IN THE LISTENING

Compulsive: uncontrollable desire to do something; obsessive.

Detached: not connected physically or mentally to others.

Distressing: upsetting; worrying; stressful.

Intrusive: invasive; forced undesirably into someone's thoughts or feelings.

Nausea: sick feeling in the stomach.

Numbness: no feeling or sensation in the mind or body.

Racing heart: a heart that beats very fast, as when excited.

Trembling: shaking; vibrating.

Vividly: describes when a thought or memory is clearly seen in the mind; virtually real.